

**PERSONAL DEVELOPMENT**  
**VIDEO JOURNAL**  
**THE POWER OF CHOICE**

1. What is your definition of a “good choice”?
2. How do you know when you have made a good choice?
3. In part one of the video – Growing Up – What did you find to be the most meaningful segment? Why/how did it affect you more than the other segments?
4. One boy said he can’t decide whether to become a lawyer and pursue money, or a game warden and pursue happiness. What are some criteria he could use to help make a choice like that? What does he need to know about himself?
5. What does it mean to have a vision of you?
6. How does vision help you make choices?
7. Mr. Pritchard talks about being the hero in your own movie. What does that mean, and how can it help you make choices?
8. What did the story about buying a stolen bike have to do with vision?

9. What does Mr. Pritchard mean when he talks about having initiative?
10. How does taking the initiative help you make good choices?
11. Reflect upon the following statement “When you don’t make a choice, you are making a choice”.
12. What does Mr. Pritchard mean by perspective?
13. What does perspective have to do with making good choices?
14. What was the result of the girl who used her mother’s bank card? Had she lost perspective? Explain.
15. What happens to your perspective when you get depressed? How does that affect your ability to make good choices? What can you do about it?

#### Summary

16. What does **V I P** mean?